



# Clinical Preceptors

## **April Allen, PharmD, CACP**

A Clinical Pharmacy Specialist in Anticoagulation at the VA North Texas Health Care System, Dr. Allen received her Doctor of Pharmacy from the University of Tennessee in 2002 and completed a Pharmacy Practice with Ambulatory Care Emphasis Residency at the Regional Medical Center in Memphis, Tennessee in 2003. She received her Certified Anticoagulation Care Provider (CACP) recognition in 2010 and currently serves as the VA North Texas Anticoagulation Clinic Point of Contact. Furthermore, she is the creator and coordinator of the Coumadin Initial Visit education classes for the anticoagulation clinic and serves as the anticoagulation representative on the Residency Advisory Council (RAC).

An assistant professor with Texas Tech University Health Sciences Center School of Pharmacy in the Primary Care Division from 2004 to 2011, Dr. Allen currently serves as adjunct faculty to Texas Tech precepting students and residents. She was recognized by the Texas Tech Board of Regents for Outstanding Practice Achievements in 2006 and co-authored a publication on pharmacy students' role in an outpatient anticoagulation setting in 2010.

Dr. Allen served as treasurer for the Dallas-Fort Worth American College of Clinical Pharmacy (DFW ACCP) and chair of the ACCP Endo-PRN Networking Committee. She continues to be an active member of Texas Society of Health System Pharmacists (TSHP), Metroplex Society of Health System Pharmacists (MSHP), American Society of Health System Pharmacists (ASHP), American College of Clinical Pharmacy (ACCP), and Dallas/Fort Worth ACCP chapter.

## **Lisa Chastain, PharmD**

An Assistant Professor in Primary Care at the Texas Tech HSC School of Pharmacy, Dallas/Fort Worth Campus, Dr. Chastain's practice site is VA North Texas Health Care System's Fort Worth Outpatient Clinic. She focuses care in drug therapy management in the area of diabetes, hypertension, hyperlipidemia, heart failure, and asthma/COPD.

With a Bachelor of Science degree in Biology from Baylor University in 2001 and a Doctor of Pharmacy degree from the University of Houston College of Pharmacy in May 2005, Dr. Chastain has since completed both a Pharmacy Practice and Primary Care Specialty Residency with the Veterans Affairs North Texas Medical Center and Texas Tech Health Sciences Center School of Pharmacy in Dallas from 2005-2007.

During residency, Dr. Chastain's research interests included pharmacy directed profiling among VANTHCS Ambulatory Care providers and evaluating the efficacy and safety of the use of ezetimibe in HIV-positive patients.

## **Frank Chen, PharmD, BCPS**

Dr. Frank Chen obtained his Doctor of Pharmacy degree in 2011 from an accelerated 2-year, 10-month program at the Massachusetts College of Pharmacy and Health Sciences in Worcester, MA. Prior to moving to the East, he received his Bachelor of Science degree in 2008, majoring in Neuroscience and Behavior at the University of California in Santa Cruz.

With the VA North Texas Health Care System (VANTHCS) since July 2011, Dr. Chen completed his PGY-1 Pharmacy Practice residency here in 2012. He stayed on to provide his services for VANTHCS in areas of Outpatient Pharmacy, Anticoagulation Clinic, and Acute Care/Internal Medicine. Dr. Chen also branched out into the private sector and gained experience working in the settings of Long-Term Acute Care and Rehabilitation. Shortly after, he joined his government colleagues full-time and worked over two years as a Clinical Pharmacy Specialist in Acute Care/Internal Medicine before moving on to an administrative role, first as the Acting Associate Chief of Pharmacy for the Clinical and Education Section, and then as Pharmacy Facility Program Manager for the Sam Rayburn Memorial Veterans Center in Bonham, Texas where he is still today.

Dr. Chen is an Adjunct Faculty Clinical Assistant Professor for the Texas Tech University Health Sciences Center School of Pharmacy (TTUHSC-SOP), and Adjunct Faculty Clinical Instructor for the University of Texas at Austin College of Pharmacy (UT Austin-COP). His professional interests include internal medicine, cardiology, and infectious diseases, as well as self-improvement studies on furthering his leadership effect and empowering results.

## **Marfreeia Y. Clarke, PharmD, BCPS**

A Clinical Pharmacy Specialist in Ambulatory Care at the VA North Texas Health Care System, Dr. Clarke received her Doctor of Pharmacy degree from the University of Florida in 2004 and completed a dual residency in Primary Care and Community Practice with the University of Florida/Shands Eastside Community Practice and Walgreens in 2005. During this time, she completed the inaugural class of the University of Florida College of Pharmacy Teaching Certificate program. Dr. Clarke also provided the medically underserved community with a myriad of education and health promotion services through provider in-services, community health fairs, and workshops at local churches and community living facilities. She also obtained a BS degree in Biology Education in 1996 from Florida A&M University, and previously taught high school science.

Dr. Clarke has worked extensively in primary care, initially as an internal medicine pharmacy provider at the Naval Hospital Jacksonville from 2006 to 2012. Clinical management included anticoagulation, dyslipidemia, pharmacotherapy, endocrine and bariatrics. Dr. Clarke obtained certification through BPS as a Pharmacotherapy Specialist in 2008, and is recertified through 2022. In 2010, she completed the APhA Medication Therapy Management (MTM) Certificate Program. In 2011, Dr. Clarke was recognized by Florida A&M University as the pharmacy preceptor of the

year. Dr. Clarke was also recognized numerous times by the medical staff at Naval Hospital Jacksonville for providing outstanding customer service and patient care.

Since joining the VA North Texas Health Care System in December 2012, Dr. Clarke practices at the Fort Worth Outpatient Center. From 2012 to 2015, she worked to expand anticoagulation management services to the enrollees there, and now serves as a provider in the PACT clinics. She is a clinical resource for all providers and departments at this location and throughout the VANTHCS. Dr. Clarke continues to precept students from all VA-affiliated pharmacy schools and represents the VA in the community at local colleges of pharmacy. She is a member of Texas Society of Health System Pharmacists (TSHP), Metroplex Society of Health System Pharmacists (MSHP), and participates in the mentoring program.

### **Jenni German, PharmD**

Dr. German is an Advanced Practice Pharmacist in Outpatient Anticoagulation Clinic at the Veterans Affairs North Texas Health Care System in Dallas, Texas. She received her Doctor of Pharmacy in 2005 from the University of Tennessee College of Pharmacy in Memphis, Tennessee. Dr. German completed an ASHP accredited Pharmacy Practice Residency at the Memphis Veterans Affairs Medical Center. She is a member of the DFW chapter of American College of Clinical Pharmacy.

### **Jerica Goodwin, PharmD, BCPS**

The Surgery Program Manager and an Advanced Practice Pharmacist in Critical Care at the Veterans Affairs North Texas Health Care System, Dr. Goodwin is based in Dallas and is affiliated as an Adjunct Assistant Professor at Texas Tech Health Sciences Center School of Pharmacy and a Clinical Assistant Professor at the University of Texas at Austin College of Pharmacy. After receiving her Doctor of Pharmacy degree from Florida Agricultural & Mechanical University, she completed an ASHP accredited Pharmacy Practice Residency at the Denver Veterans Affairs Medical Center and an ASHP Critical Care Specialty Residency at the North Texas Health Care System located in Dallas.

Dr. Goodwin's current clinical practice includes working in the Surgical and Thoracic Intensive Care Units on a multidisciplinary team along with physicians for the University of Texas Southwestern Medical School. Her primary interests are in the area of Critical Care with emphasis on infectious disease, neurotrauma, and cardiology. Dr. Goodwin's research interests include sedation/analgesia, nutritional and DVT assessment and intensive glucose control in critically ill patients.

Active in several professional organizations, Dr. Goodwin is currently a member of the Dallas-Fort Worth Chapter of the American College of Clinical Pharmacy, the Society of Critical Care Medicine, and the American Society of Health-System Pharmacists. She continues to maintain her certifications in BCLS and ACLS, where she serves as an ACLS instructor.

## **Courtney Jason Givens, PharmD**

Graduating from Xavier University of Louisiana College of Pharmacy in May 2013, Dr. Givens completed a PGY1 Pharmacy Practice Residency in 2014 and a PGY2 Mental Health Specialty Residency in 2015 at the VA North Texas Health Care System. She is currently a Clinical Pharmacy Specialist in Mental Health practicing in the Gold Team clinic which serves veterans with mental illnesses and substance abuse. A member of the College of Psychiatric and Neurologic Pharmacists, Phi Lambda Sigma, and Rho Chi Honor Society, Dr. Givens' practice interests include mental health, substance abuse, and geriatrics. In her free time, Dr. Givens enjoys watching sports, crafting, and spending time with family and friends.

## **Michelle Horan, PharmD, BCPS**

Currently the Acute Care Surgery Clinical Pharmacist for the Veterans Affairs North Texas Health Care System, Dr. Horan received her Doctorate of Pharmacy from Texas Tech University HSC School of Pharmacy in 2006. She completed her Pharmacy Practice Residency in San Antonio, Texas through the South Texas Veterans Health Care System and University of Texas in 2007. In 2008, Dr. Horan completed a Critical Care Specialty Resident through the Veterans Affairs North Texas Health Care System - Dallas and Texas Tech University Health Sciences Center School of Pharmacy. Her practice interests include critical care/internal medicine and infectious disease. Dr. Horan is currently a member of the American Society of Health System Pharmacists, the Society of Critical Care Medicine, and the American College of Clinical Pharmacy.

## **William Jefferson Helton, RPH, CGP**

With a Bachelor of Science in Pharmacy from the University of Texas at Austin in 1975 and a master's degree in Theatre from Texas A&M -Commerce in 2001, Dr. Jefferson has been with the VA for more than 20 years with a variety of positions including staff, management, CLC and HBPC advanced clinical pharmacist as well as having served as a diabetic educator and drug rehabilitation educator.

Dr. Jefferson is a Certified Geriatric Pharmacist (CGP), Fellow of the American Society of Consultant Pharmacists (FACP), and Fellow of the VHA National Mentor Certification Program. He served as advisor and mentor in the pilot CMOP LEAD Program and was named the PGY1 Preceptor of the Year in 2012. An adjunct preceptor faculty member of Texas Tech University and University of Texas at Austin, Dr. Jefferson has served on the Resident Advisory Counsel for six years, has been a clinical mentor to PGY1 residents for the last four years, and has been preceptor for over twenty PGY1 residents over the last six years in geriatric and rural rotations.

## **Brittany Johansen, PharmD, BCPS**

A Clinical Pharmacy Specialist who practices with the Home Based Primary Care IDT at the Dallas VA Medical Center, Dr. Johansen graduated from the Texas Tech Health Sciences Center School of Pharmacy as a Doctor of Pharmacy in 2006. She then completed an ASHP accredited Pharmacy Practice Residency at the Dallas VA Medical Center & Texas Tech Health Sciences Center School of Pharmacy in 2007. Her practice interests include Geriatrics, Ambulatory Care and Mental

Health. Dr. Johansen is appointed as an Adjunct Assistant Professor at the Texas Tech Health Sciences Center School of Pharmacy and precepts pharmacy students in their 4th professional year on their Geriatrics rotation; she also precepts both PGY1 residents and PGY2 Geriatric residents.

### **Savannah Johnson, PharmD, CDE**

A graduate of Xavier University of New Orleans, Dr. Johnson completed her PGY1 at VA North Texas. Upon residency graduation, she worked as an outpatient pharmacist at VA North Texas. Dr. Johnson currently serves as a Clinical Pharmacist Specialist and Adjunct Faculty Clinical Assistant Professor for Texas Tech University Health Sciences and is also a co-coordinator for the PGY1 Pharmacy Practice program. Her clinical interests include diabetes and management.

### **Kevin C. Kelly, PharmD, BCPS**

A Drug Information Specialist and the Pharmacy Research Program Manager at the Veterans Affairs North Texas Health Care System, Dr. Kelly has been at with VANTHCS since 1999. His areas of interest include formulary management, pharmacoepidemiology, and pharmacoconomics. Dr. Kelly actively participates with professional societies including the American Society of Health-System Pharmacists, the American College of Clinical Pharmacy, and the Dallas area chapter of the American College of Clinical Pharmacy.

Dr. Kelly received his Bachelor of Arts degree in Biology from the University of Texas at Austin and his Doctor of Pharmacy degree from the University of Texas at Austin and the University of Texas Health Science Center at San Antonio. He completed an ASHP accredited Pharmacy Practice Residency at the Veterans Affairs North Texas Health Care System. He obtained Board Certification in Pharmacotherapy in 2000.

### **Betsy Le, PharmD, BCPS, CACP**

A Clinical Pharmacy Specialist in Acute Care (Internal Medicine) at the VA North Texas Health Care System in Dallas, Dr. Betsy Le received her Bachelor of Pharmacy degree at the University of Kansas and her Doctor of Pharmacy degree from the University of Maryland. She completed an ASHP accredited specialty residency in primary care at the Veterans Affairs Medical Center in Baltimore, Maryland. Dr. Le is Board Certified in Pharmacotherapy (BCPS), Anticoagulation (CACP), and also has a certification in Antimicrobial Stewardship from the Society of Infectious Diseases Pharmacists.

Dr. Le is an Adjunct Clinical Assistant Professor at the Texas Tech University Health Sciences Center School of Pharmacy, the University of Texas at Austin College of Pharmacy, and the University of Houston School of Pharmacy. Her practice interests include internal medicine, infectious diseases, geriatrics, and cardiology. Dr. Le is an active member of the American College of Clinical Pharmacy (ACCP), the Society of Infectious Diseases Pharmacists (SIDP), Making a Difference in Infectious Diseases, the Medical Disaster Response Team (MDRT), and the Residency Advisory Council.

## **Christyn Mullen-Lee, PharmD, BCACP**

With a Bachelor of Science degree in Biology from Baylor University in Waco, Texas, Dr. Mullen-Lee received her Doctor of Pharmacy degree from Howard University College of Pharmacy in Washington, D.C. She completed both her PGY1 Pharmacy Practice Residency and her PGY2 Ambulatory Care Specialty Residency at the North Texas VA Medical Center and Texas Tech University School of Pharmacy in Dallas. Dr. Mullen-Lee is currently board certified in ambulatory care and works as an Ambulatory Care Clinical Pharmacy Specialist. She is also a co-coordinator for the PGY1 Pharmacy Practice Residency Program with clinical interests in diabetes and tobacco cessation.

## **Monica Mathys, PharmD, CGP, BCPP**

An associate professor for Texas Tech School of Pharmacy, Dr. Monica Mathys' clinical practice site is the VA North Texas Healthcare System in Dallas where she is an advanced practice pharmacist for Mental Health. She is a faculty preceptor for third and fourth year students, and is also involved in the neurology and psychiatry courses, case studies, and grand rounds. Dr. Mathys received her PharmD from the University of Arkansas for Medical Sciences. After graduation, she completed a geriatric specialty residency at Central Arkansas Veterans Healthcare System in Little Rock, Arkansas. Her research interests include geriatric neurology/psychiatry, general psychiatry, and geriatric pharmacotherapy.

## **Rohini Mehdiratta, PharmD**

A clinical pharmacy specialist in anticoagulation at the Veterans Affairs North Texas Health Care System, Dr. Mehdiratta completed her Doctorate of Pharmacy degree at Butler University in Indianapolis, Indiana in 2008. She completed her pharmacy practice residency and worked at the Richard L. Roudebush Veterans Affairs Medical Center in Indianapolis, Indiana, and then transferred to the Veterans Affairs Illiana Health Care System in Danville, Illinois where she worked in ambulatory care (PACT) and anticoagulation management. Dr. Mehdiratta has been working in the anticoagulation clinic at the Veterans Affairs North Texas Health Care System since January 2013. She is a member of the American Society of Health-System Pharmacists.

## **Cynthia Foslien-Nash, PharmD**

The Associate Chief of Staff for Education and Pharmacy Practice Residency Program Director at VA North Texas Health Care System, Dr. Nash received a Bachelor of Science in Life Sciences degree from the University of Nebraska – Lincoln, a Doctor of Pharmacy degree from the University of Nebraska Medical Center - College of Pharmacy and completed an ASHP accredited specialty residency in Psychiatric Pharmacy Practice at the University of Texas Health Science Center in San Antonio.

Dr. Nash has served the VA North Texas Health Care System since 1987 including 10 years in Mental Health Service as a Clinical Pharmacy Specialist, 15 years in Pharmacy Service as Associate Chief of Pharmacy for Clinical & Education Programs and currently in the Chief of Staff Office. With Texas Tech Health Sciences Center

School of Pharmacy, she was awarded the Crystal APPLE (Academic-Practice Partnerships for Learning Excellence) Award by the American Association of Colleges of Pharmacy in both 2007 and 2008.

Dr. Nash is affiliated as Adjunct faculty at Texas Tech Health Sciences Center School of Pharmacy and the University of Texas at Austin College of Pharmacy. She is an active member of several professional societies including national, state and local participation in ASHP, national and state participation in APhA, ACCP, and the American College of Healthcare Executives.

### **Lisa Nguyen, PharmD, CGP**

A Clinical Pharmacy Specialist in Ambulatory Care at the Veterans Affairs North Texas Healthcare System in Dallas, Dr. Nguyen earned her Doctor of Pharmacy degree from the University of Oklahoma College of Pharmacy in 2007. She completed an ASHP accredited Pharmacy Practice Residency at Integris Baptist Medical Center in Oklahoma City, OK and an ASHP accredited Geriatrics Pharmacy Specialty Residency in Charleston, WV. Her areas of interest include geriatrics, chronic diseases, internal medicine and research. She is a member of the American Geriatrics Society and the American Society of Consultant Pharmacists

### **Chinonye Nwaokemeleh, PharmD**

An Advanced Practice Pharmacist with the outpatient anticoagulation clinic at the Veterans Affairs North Texas Healthcare System in Dallas, Dr. Nwaokemeleh received his Doctorate of Pharmacy in 2006 from the Florida A&M University College of Pharmacy and Pharmaceutical Sciences in Tallahassee, FL. He went on to complete an ASHP-accredited Ambulatory Care Residency with the Veterans Affairs of Greater Los Angeles Healthcare System. Dr. Nwaokemeleh has previous experience working as a transplant clinical pharmacist at the Tampa General Hospital in Tampa, FL. His primary clinical interests include anticoagulation and primary care.

### **Stephanie Okorodudu, PharmD**

An Ambulatory Care Clinical Pharmacy Specialist at the Veterans Affairs North Texas Health Care System, Dr. Okorodudu received her Doctor of Pharmacy degree from the University of Pittsburgh in Pittsburgh, PA in 2004. She completed a pharmacy practice residency from the Southern Arizona Veterans Affairs Health Care System in Tucson, Arizona and then worked as a Clinical Pharmacy Specialist in an ambulatory clinic with a mental health focus. Dr. Okorodudu has been at VANTXHCS since 2007.

### **Steven Pass, PharmD, FCCM, FCCP, BCPS**

An Associate Professor and Vice Chair for Residency Programs at the Texas Tech University Health Sciences Center School of Pharmacy and an Advanced Practice Pharmacist in the Medical ICU at the Dallas VA Medical Center, Dr. Pass received his BS Pharm and Doctor of Pharmacy degrees from the University of Kentucky College of Pharmacy, and completed a PGY1 pharmacy practice residency at Baptist Memorial Hospital in Memphis, Tennessee, and PGY2 critical care residency at University Hospital in Cincinnati, Ohio.

Dr. Pass' research interests include the use of antimicrobial agents in ventilator associated pneumonia and sepsis, and medications in advanced cardiac life support. He has been active in several professional organizations, including serving as a Residency Learning System instructor and accreditation site surveyor for ASHP, the critical care PRN chair for ACCP, a past chair of the Clinical Pharmacy and Pharmacology Section of the Society of Critical Care Medicine, and is currently a member of the TSHP Research & Education Foundation Board of Directors. Dr. Pass received recognition as a Fellow of the American College of Critical Care Medicine in 2006 and a Fellow of the American College of Clinical Pharmacy in 2010.

### **Anisa Raj, PharmD, BC-ADM**

Currently a PACT clinical pharmacy specialist at the Fort Worth VA Outpatient Clinic, Dr. Raj received her Doctor of Pharmacy degree from St. John's University in Jamaica, NY in 2007. She went on to complete a PGY-1 Pharmacy Practice Residency – focused in Ambulatory Care at the Hunter Holmes McGuire VA Medical Center in Richmond, VA. Dr. Raj started her career as a primary care clinical pharmacy specialist at the Syracuse VA Medical Center in Syracuse, NY in 2008, and then joined the VA North Texas Health Care System in 2010. She received her Board Certification in Advanced Diabetes Management in 2013. Dr. Raj actively participates with professional societies including Lambda Kappa Sigma, American Society of Health-System Pharmacists, and American Association of Diabetes Educators. Her primary clinical interests include diabetes and cardiovascular risk reduction.

### **Sachin Shah, PharmD, BCOP, FCCP**

A Professor of Pharmacy Practice Department at Texas Tech University Health Sciences Center (TTUHSC) – School of Pharmacy and an Advanced Practice Hematology/Oncology Pharmacist at the Dallas VA Medical Center, Dr. Shah serves as an Associate Dean for Accreditation and Outcome Assessment at Texas Tech. In past, Dr. Shah established ASHP accredited Hematology/Oncology Specialty Residency program and trained multiple students and residents through his practice. He has been recognized at the University, State, and National levels for his clinical practice. The recipient of Hematology/Oncology Pharmacy Association (HOPA) Clinical Practice Award, Dr. Shah has delivered multiple national presentations, served as a faculty on the BCOP Preparatory Review Course sponsored by ASHP/ACCP, and has been recognized as a Fellow of the American College of Clinical Pharmacy (FCCP).

### **Rashona Thomas, PharmD, CGP, DAAPM**

The Clinical Geriatric Pharmacy Program Manager at the Veterans Affairs North Texas Healthcare System, Dr. Thomas has experience in long term care and hospice settings and currently practices in home based primary care settings. Her areas of interest include pain management and racial disparities in healthcare.

Dr. Thomas received her Doctor of Pharmacy degree from the University of Texas at Austin and completed a Pharmacy Practice Residency at Parkland Health and Hospital System in Dallas, Texas. She is a certified geriatric pharmacist and a Diplomat of the American Academy of Pain Management. Dr. Thomas is affiliated as

Assistant Clinical Faculty for Texas Tech School of Pharmacy and the University of Texas at Austin. She is a member of the American Society of Consultant Pharmacists and the American Academy of Pain Management.

### **Bonnie J. Whittington, PharmD, BCPS**

A Clinical Pharmacy Specialist in Ambulatory Care at the Sam Rayburn Memorial Veterans Center in Bonham, Dr. Whittington has worked with at the North Texas VA Healthcare System since July 2011. She received her Doctor of Pharmacy degree from the University Texas College of Pharmacy in Austin, Texas in 2010 and completed a Pharmacy Practice Residency with the VA North Texas Healthcare System and Texas Tech University Health Sciences Center School of Pharmacy in Dallas, TX in 2011.

Dr. Whittington became Board Certified Pharmacotherapy Specialist in December of 2011. She is currently an active member of the American Society of Health-System Pharmacists, American College of Clinical Pharmacy, Metroplex Society of Health System Pharmacists, and Texas Society of Health System Pharmacists. Her primary clinical interests include diabetes, hypertension, and hyperlipidemia as well as health-coaching and shared medical visits for personalizing patient care.

### **Rick A. Weideman, PharmD, BCPS**

A Drug Information Specialist at the Veterans Affairs North Texas Health Care System, Dr. Weideman has worked here since 1989. He is affiliated as an Adjunct Assistant Professor of pharmacy practice at the Texas Tech Health Sciences Center School of Pharmacy, and a Clinical Assistant Professor of Pharmacy at the University of Texas at Austin College of Pharmacy. Dr. Weideman's areas of interest include formulary management, pharmacoconomics, and pharmacoepidemiology.

### **Dominique Williamson, MS, PharmD, BCPS**

An Advanced Practice Pharmacist in Internal Medicine at the VA North Texas Health Care System, Dr. Williamson completed her Doctor of Pharmacy degree at Florida Agricultural and Mechanical University in April 2006. She completed a Critical Care Specialty Residency at the VA North Texas Health Care System and Texas Tech University Health Science Center in Dallas, Texas. Dr. Williamson also completed a Pharmacy Practice residency at the Veterans Affairs Medical Center in Memphis, Tennessee. Prior to pharmacy school, she completed a Master of Science degree in Materials Science and Engineering at the University of Florida and a Bachelor of Science degree in Chemistry from Jackson State University.

Dr. Williamson is currently a member of the American College of Clinical Pharmacy and the Dallas-Fort Worth American College of Clinical Pharmacy Chapter. Her primary clinical interests include internal medicine, infectious disease, and critical care.